



State of Tennessee Department of Children's Services

**Administrative Policies and Procedures: 20.38-DOE**

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**Subject: Development of Personal Health and Cleanliness**

Supersedes: DYD 12.9

Local Policy: No

Local Procedures: No

Requires Training: No

**Approved by:**

**Effective date:**

07/01/1990

**Authority:**

TCA 37-5-106

**ACA Standard:**

3-JTS-4C-36; 3-JTS-5D-17

- I. APPLICATION: To all youth development center staff.
- II. POLICY: Training and instruction shall be provided to each youth in the maintenance and/or improvement of personal health and cleanliness, in order that the youth might develop sound personal hygiene habits and practices concerning his/her health and cleanliness. The Superintendent or designee shall ensure that proper and adequate training programs and materials are systematically provided to meet the needs of the youth population in the area of personal health and cleanliness.
- III. PROCEDURES:
  - A. Programs shall be developed for youth to receive optional training in the care and maintenance of their hair and clothing and other areas of interest to youth which will promote good personal health and cleanliness and feelings of self worth.
  - B. The Superintendent shall appoint a health administrator who shall provide education and training to youth in the areas of dental care, eye care, nutrition, sexually transmitted, reproduction and birth control, and alcohol, drug and tobacco usage.
  - C. The Recreation Specialist, physical education teacher, or equivalent, with support of other staff, shall provide programs for encouraging physical fitness.
  - D. Each living unit supervisor shall train youth in developing good habits and practices in health and cleanliness. Living unit supervisors shall identify any youth having unusual problems or special needs and report this need to the youth treatment team leader for special treatment interventions.

- E. Youth shall be assigned responsibility for the care of their individual rooms and common living area. The living unit supervisor shall provide instruction when necessary in cleaning methods.
- F. The Superintendent or designee shall set standards for orderliness, cleanliness, and sanitation of youth rooms and common living areas and shall conduct routine inspections to assure compliance with standards.

FORMS: None

**(Note: This Policy Cannot Be Revised Without Prior Permission  
of Chancery Court, Davidson County, Nashville, Tennessee.)**